

St. John's Adult Faith Formation

LENTEN Video/Discussion Series

Ash
Wednesday
is February
22nd!

MEN'S AND WOMEN'S GROUPS

Join Sr. Miriam James Heidland, SOLT on a healing journey as she helps you turn away from what wounds you and toward God who heals you and makes you whole.

WOMEN'S GROUPS

Are you looking for a way to refuel and be refreshed while making authentic connections with others? Would you like to have a better understanding of your faith and learn more about God?

Restore

Faith-Sharing Home Groups

Throughout Lent, you'll move through four different phases of healing, focusing on traditional Lenten practices:

- **Prayer** is the means of healing our relationship with God.
- **Fasting** disciplines us in healing our relationship with ourselves.
- **Almsgiving** leads us to healing our relationships with others.

Sacrifice shows us the path to heaven and union with God.

Enter into Lent with Christ.
Optional Prayer Journal available online at [amazon.com](https://www.amazon.com) or [avemariapress.com/restore](https://www.avemariapress.com/restore).

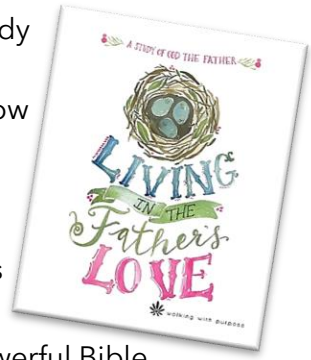


QR Code:
RESTORE -
Watch Trailer
or go to
<https://youtu.be/bQ9aQma2bJc>

*Your free will donation supports St. John's parish FORMED SUBSCRIPTION

Living in the Father's Love...

This brief but powerful Bible study is the ideal way to revive and refresh yourself. Discover just how much God loves us and how the Gospels are deeply relevant to our relationship with God and with those we love. This study is ideal if you are...



- Looking for a short but powerful Bible study this season
- Doubting whether God really loves you
- Wondering how to improve your relationship with God and others
- Searching for purpose
- Only have time for a short study that has the power to transform your life



Women's Bible Studies

walking with purpose transforms the hearts and lives of women by providing Bible studies that enable women to know Christ through Scripture and the teachings of the Roman Catholic Church.

Register by February 5th

- 1) Scan the QR Code (below),
OR
- 2) go to <https://tinyurl.com/sjb-restore23>,
OR
- 3) email: merryferg@aol.com

\$10 per household*



Video Presenter:
Sr. Miriam James Heidland, SOLT



QR Code:
RESTORE for Lent -
Registration

Register by February 5th

- 1) Scan the QR Code (below),
OR
- 2) go to <https://forms.gle/4X3vkPi95hK4eCJn7>,
OR
- 3) email: sjb.wwp@gmail.com

\$7 pp supports SJB WWP



Video Presenter: Lisa Brenninkmeyer



QR Code:
Living in the Father's
Love - **Registration**