

# GRIEF SHARE

## GRIEF SUPPORT GROUP



Help and encouragement after the death of a spouse, child, family member, or friend.

GriefShare is a special weekly seminar and support group designed to help you rebuild your life after losing a loved one. Our group is led by caring people who have experienced grief and want to help you through the difficult days ahead.

We know it hurts, and we want to help.

*St. John's is offering:*

**Virtual GriefShare Video and Support**

**Thursdays, March 10 thru June 16, 2022**

**6:30—8:30pm**

*(No sessions Holy Thursday or Ascension Thursday)*

**Registration: [www.griefshare.org](http://www.griefshare.org)**

**Information: *Judy Newberger, RN, CNM (ret.)***

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**St. John the Baptist Catholic Church  
New Freedom PA**

